FACEFORUM.COM – FACELIFT CONSULTATION CHECKLIST

Instructions: Print a copy of this checklist for each of your consultations. Ask permission to take notes during the consultation. If you have any additional questions you would like to ask, we have supplied some blank lines at the end of this checklist and you can write your questions and the answers there. We welcome your feedback on this checklist and are always looking for ways to improve it. If you want to share any comments or suggestions with us, please send an e-mail to: terri@faceforum.com.

Section 1 – Consultation Information
Date of Consultation: ____________________ Time of Appointment: ________________
Plastic Surgeon’s Name: ________________________________
Office Phone Number: ________________________________

Section 2 – Credentials
Is the doctor board certified? [ ]Yes [ ]No
American Board of Plastic Surgery? [ ]Yes [ ]No If yes, what year? ________________
List any other board certifications: ________________________________
How long have you been practicing plastic surgery? ________________________________
How long have you been practicing in this location? ________________________________
At which hospitals do you have admitting privileges? ________________________________
Are you a member of the American Society of Plastic Surgeons (ASPS)? [ ]Yes [ ]No
How about the American Society for Aesthetic Plastic Surgery (ASAPS)? [ ]Yes [ ]No
Note: The two organizations above are the largest of the professional societies for plastic surgeons. More than 95% of all board certified plastic surgeons are ASPS members. A smaller percentage belongs to ASAPS.

Section 3 – Insurance & Licensing
Check the status of the surgeon’s medical license with the state. You can find the contact information for each state’s licensing agencies on FaceForum.com.
Does the surgeon carry malpractice insurance? [ ]Yes [ ]No The reason you want to know is to determine if there is any reason why an insurance carrier would not cover the doctor.

Section 4 – Facelift Experience
How long have you been performing facelifts? ________________________________
How many times do you perform a facelift in an average year? ________________________________
Ask to see before and after photos of some of the doctor’s facelift patients.
Ask for references of past facelift patients. Fill in any contact info on these lines: ________________________________
Section 5 – Surgical Facilities
Where will the surgery be performed? ____________________________

Is the surgical facility accredited? [ ]Yes [ ]No If yes, by whom? ____________________

If you would like, ask for a tour of the surgery facilities after your consultation.

Section 6 – Your Medical Conditions & Medications
Ask if there are any medical conditions which would prevent you from getting a facelift. _______

Write down your existing medical conditions so you can discuss them with the plastic surgeon. ___

______________________________________________________________

Make a list of the medications you are taking and share them with the doctor. Don’t forget to include vitamins and other supplements because they can sometimes cause interactions with anesthesia or other medications your doctor may prescribe. ________________________

______________________________________________________________

Section 7 – Facelift Costs
What is the cost for the procedure? ______________________________

Does this include the costs of anesthesia, surgical facilities, etc.? [ ]Yes [ ]No If the answer is No, what are the additional costs? ________________________________

Do I need to purchase any medications? [ ]Yes [ ]No If yes, Cost? ______________________

Do I need to purchase any supplies for my recovery, such as ice packs, chin strap, etc? [ ]Yes [ ]No If yes, what do I need to buy and what is the cost? ________________________________

Are there fees for follow-up visits? [ ]Yes $__________________ [ ]No

When is payment due? Deposit (Date & Amount) ________________________________

Final payment (Date & Amount) ________________________________

What is your cancellation and refund policy? ________________________________

If you are interested in learning about financing for your facelift, ask about it. _______________________

Section 8 – Anesthesia
What type of anesthesia will you use? ________________________________

Who will administer the anesthesia? ________________________________

What are their credentials? ________________________________

Note: You can often check these credentials with the same organization that does medical licensing in your state. See FaceForum for more details.
Are there any special instructions I will need to follow for the anesthesia, such as eating/drinking or medication restrictions? ____________________________________________

How can I expect to feel after waking and will I need a ride home? ____________________________________________

Section 9 – The Facelift Procedure
There are a number of different facelift procedures and techniques. Your plastic surgeon will be able to make recommendations for your particular situation. Be sure you discuss alternatives and the pros and cons of each type of procedure as it relates to you. Ask for a description of the recommended procedure(s) and record any notes here: ____________________________________________

____________________________________________________________________________

____________________________________________________________________________

____________________________________________________________________________

____________________________________________________________________________

How long will the surgery take? ____________________________________________
How long before surgery must I arrive? ____________________________________________
How much time will I be in recovery before I can leave for home? ____________________________________________
In your experience, what kind of complications and complication rates have you seen from this type of facelift surgery? ____________________________________________

____________________________________________________________________________

____________________________________________________________________________

Section 10 – Post-Operative Care
Are there any special instructions I should follow once I get home? (Note: You will usually getting a printed instruction sheet.) ____________________________________________

____________________________________________________________________________

____________________________________________________________________________

Are there any supplies I should buy and keep on hand for my recovery? ________________________________

____________________________________________________________________________

Will I need any special assistance in the days following surgery? ________________________________

____________________________________________________________________________

What kinds of things should I be on the alert for that would indicate an emergency for which I should contact you? ________________________________

____________________________________________________________________________
What are your emergency contact numbers?

What kind of pain medications will I be given?

When can I resume normal activity?

When can I drive again?

When can I return to work?

What is the normal follow-up visit schedule after a facelift?

What about camouflage cosmetics?

Section 11 – Healing
Describe the healing process after a facelift.

What kinds of things really bother people recovering from facelift but aren’t really a big deal?

Section 12 – Scheduling Surgery
When can I schedule my facelift procedure?

How many days should I plan on being off work or having reduced activity levels after my surgery?

Additional Notes: