FACEFORUM.COM – RHINOPLASTY CONSULTATION CHECKLIST

Instructions: Print a copy of this checklist for each of your consultations. Ask permission to take notes during the consultation. If you have any additional questions you would like to ask, we have supplied some blank lines at the end of this checklist and you can write your questions and the answers there. We welcome your feedback on this checklist and are always looking for ways to improve it. If you want to share any comments or suggestions with us, please send an e-mail to: terri@faceforum.com.

Section 1 – Consultation Information
Date of Consultation: ____________________ Time of Appointment: ____________________
Plastic Surgeon’s Name: ____________________
Office Phone Number: ____________________

Section 2 – Credentials
Is the doctor Board Certified?[ ]Yes [ ]No
American Board of Plastic Surgery? [ ]Yes [ ]No If yes, what year? ________________
List any other board certifications: __________________________________________
How long have you been practicing plastic surgery? ____________________________
How long have you been practicing in this location? ____________________________
At which hospitals do you have admitting privileges? __________________________
Are you a member of the American Society of Plastic Surgeons (ASPS)? [ ]Yes [ ]No
How about the American Society for Aesthetic Plastic Surgery (ASAPS)? [ ]Yes [ ]No
Note: The two organizations above are the largest of the professional societies for plastic surgeons. More than 95% of all board certified plastic surgeons are ASPS members. A smaller percentage belong to ASAPS.

Section 3 – Insurance & Licensing
Check the status of the surgeon’s medical license with the state. You can find the contact information for each state’s licensing agencies on FaceForum.com.

Does the surgeon carry malpractice insurance? [ ]Yes [ ]No The reason you want to know is to determine if there is any reason why an insurance carrier would not cover the doctor.

Section 4 – Rhinoplasty Experience
How long have you been performing rhinoplasty? ____________________________
How many times do you perform rhinoplasty in an average year? ____________________________
Do you perform “open rhinoplasty” or “closed rhinoplasty”? ____________________________
Ask to see before and after photos of some of the doctor’s rhinoplasty patients.
Ask for references of past rhinoplasty patients. Fill in any contact info on these lines: ________
Section 5 – Surgical Facilities
Where will the surgery be performed? ________________________________

Is the surgical facility accredited? [ ]Yes [ ]No  If yes, by whom? _________________________

If you would like, ask for a tour of the surgery facilities after your consultation.

Section 6 – Your Medical Conditions & Medications
Ask if there are any medical conditions which would prevent you from getting rhinoplasty. (See the list on FaceForum.) ________________________________

Write down any of your existing medical conditions so you can discuss them with the plastic surgeon. ________________________________

Make a list of the medications you are taking and share them with the doctor. Don’t forget to include vitamins and other supplements because they can sometimes cause interactions with anesthesia or other medications your doctor may prescribe. ________________________________

Section 7 – Rhinoplasty Costs
What is the cost for the surgery? ________________________________

Does this include the costs of anesthesia, surgical facilities, etc.? [ ]Yes [ ]No  If the answer is No, what are the additional costs? ________________________________

Do I need to purchase any medications? [ ]Yes [ ]No  If yes, Cost? ________________________________

Do I need to purchase any supplies for my recovery, such as ice packs, nasal sprays, etc? [ ]Yes [ ]No  If yes, what do I need to buy and what is the cost? ________________________________

Are there fees for follow-up visits? [ ]Yes $___________________ [ ]No

When is payment due? Deposit (Date & Amount) ________________________________

Final payment (Date & Amount) ________________________________

What is your cancellation and refund policy? ________________________________

If you are interested in learning about financing for your rhinoplasty, ask about it. ________________________________

Section 8 – Anesthesia
What type of anesthesia will you use? ________________________________

Who will administer the anesthesia? ________________________________
What are their credentials? ______________________________________________________________________

Note: You can often check these credentials with the same organization that does medical licensing in your state. See FaceForum for more details.

Are there any special instructions I will need to follow for the anesthesia, such as eating/drinking or medication restrictions? ______________________________________________________________________

How can I expect to feel after waking and will I need a ride home? ______________________________________________________________________

Section 9 – The Rhinoplasty Procedure
Ask for a description of the procedure and record any notes here: ______________________________________

__________________________________________________________________________________________

How long will the surgery take? ______________________________________________________________________
How long before surgery must I arrive? ______________________________________________________________________
How much time will I be in recovery before I can leave for home? ______________________________________________________________________
In your experience, what kind of complications and complication rates have you seen? ______

__________________________________________________________________________________________

Section 10 – Post-Operative Care
Are there any special instructions I should follow once I get home? (Note: You will usually getting a printed instruction sheet.) ______________________________________

__________________________________________________________________________________________

Are there any supplies I should buy and keep on hand for my recovery? ______________________________________________________________________

__________________________________________________________________________________________

Will I need any special assistance in the days following surgery? ______________________________________________________________________

__________________________________________________________________________________________

What kinds of things should I be on the alert for that would indicate an emergency for which I should contact you? ______________________________________________________________________

__________________________________________________________________________________________

What are your emergency contact numbers? ______________________________________________________________________
What kind of pain medications will I be given? ____________________________________________

When can I resume normal activity? ________________________________________________

When can I drive again? __________________________________________________________
When can I return to work? ______________________________________________________
What is the normal follow-up visit schedule after rhinoplasty? ____________________________

What about camouflage cosmetics? ________________________________________________

**Section 11 – Healing**
Describe the rhinoplasty healing process. ____________________________________________

________________________________________________________________________________

________________________________________________________________________________

What kinds of things really bother people recovering from rhinoplasty but aren’t really a big deal?
________________________________________________________________________________

**Section 12 – Scheduling Surgery**
When can I schedule my rhinoplasty? ________________________________________________
How many days should I plan on being off work or having reduced activity levels after my rhinoplasty surgery? ________________________________

**Additional Notes:** _______________________________________________________________

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